Dr. Valentin Fuster

The cardiologist Valentín Fuster currently combines functions as General Director of the Centro Nacional de Investigaciones Cardiovasculares Carlos III (CNIC) in Madrid and Director of the Cardiovascular Institute and Physician-in-Chief at the Mount Sinai Medical Center, New York.

The innumerable positions he has held include those of President of the American Heart Association, President of the World Heart Federation, member of the Institute of Medicine of the US National Academy of Sciences (where he chairs the committee for the prevention of the global epidemic in heart disease), member of the US National Heart, Lung and Blood Institute, and President of the Training Program of the American College of Cardiology.

After qualifying in medicine at the University of Barcelona, Valentín Fuster continued his studies in the USA. He was professor in Medicine and Cardiovascular Diseases at the Mayo Medical School, Minnesota and at the Medical School of Mount Sinai Hospital, New York, and from 1991 to 1994 was full professor of Medicine at Harvard Medical School in Boston. In 1994 he was named director of the Cardiovascular Institute at Mount Sinai, a post he has combined since 2012 with that of Physician-in-Chief of the Hospital.

Dr. Fuster has been named Doctor Honoris Causa by thirty-three universities and has received three of the most important awards from US National Institutes of Health. He is an author on more than 900 scientific articles in international medical journals, and has published two leading books on clinical cardiology and research: The Heart and Atherothrombosis and Coronary Artery Disease. He has also been named Editor-in-chief of the prestigious journal Nature Reviews in Cardiology. His contributions to cardiovascular medicine have had an enormous impact on the treatment of patients with heart disease. His research into the origin of cardiovascular events, which have contributed to improved treatment of heart attack patients, was recognized in 1996 by the award of Prince of Asturias Award for Technical and Scientific Research.

Among his many achievements, it is noteworthy that Dr. Fuster is the only cardiologist to have received the highest awards for research from the four leading international cardiology organizations: the American Heart Association, the American College of Cardiology, the European Society of Cardiology, and the Interamerican Society of Cardiology.
In 2008, Dr. Fuster received the Kurt Polzer prize from the European Academy of Sciences and Arts. In 2009 he received the prestigious international Arrigo Recordati prize for his contribution to advances in the area of cardiovascular imaging. In June 2011 he was awarded the Grand Prix Scientifique de l’Institute de France, considered the most important award in cardiology, for his translational research into atherothrombotic disease. Other accolades include the Gold Heart Award, the Lewis A. Conner Memorial and the James B. Eric Achievement Award from the American Heart Association, the Distinguished Service Award and the Distinguished Teacher Award from the American College of Cardiology, the Gold Medals of the American and European Cardiology Societies, and the highest award for Medicine from Erasmus University (Rotterdam). In 2012 Dr. Fuster was named by the American College of Cardiology as one of the Living Legends in Cardiovascular Medicine, and was awarded the Research Achievement Award, the highest award given by American Heart Association. In 2013 Dr. Fuster was awarded the Ron Haddock International Impact Award by the American Heart Association and the American Stroke Association in recognition of his global leadership, and was named Editor in Chief of the Journal of the American College of Cardiology, the ACC’s flagship publication and the main American source of clinical information on cardiovascular medicine.